THE KNOWLEDGE THERMOMETER

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GOAL FOR MY PRESENTATION

EXPLAIN MY THINKING PROCESS

- client profile
- my thought process
- how and why it changed

PRESENT THE TOOL

- sharing the actual one we co-created
- explain the elements and reasons behind them

SHARE MY CREATION PROCESS

- research and programmes integrated and why
- share resources for you to get started

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CLIENT PROFILE



- Only child (Zara)
- Dual income household
- Extended family compound (common in Trinidad and Tobago)
- No diagnosis
- Small Private School

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CONCEPTUALISING THE PRESENTING PROBLEMS



- fluctuating motivation
- history of poor teacher interactions
- difficulty with comprehension and creative writing
- feels very stressed out at test time
- has high hopes of getting the grades to get entry to a top secondary school in 2028

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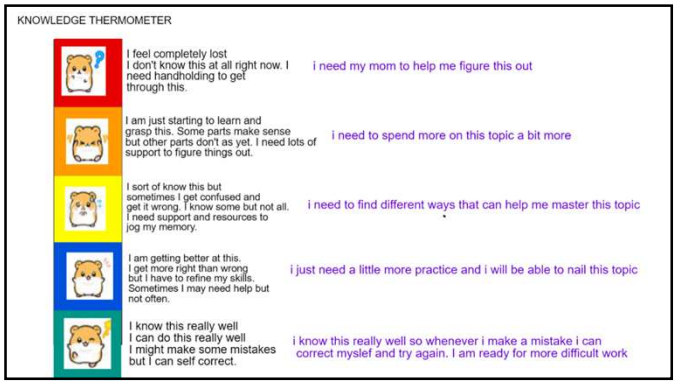
- Mindset development
- Introduce Zara to journaling and some other stress management
- Study skills that focused on bridging, transference and comprehension
- STEPS Programme

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- Needed a way to support her practicing slowing down her thinking
- It needed to visual and colourful to pique interest in her creative side
- It needed to be portable so that she could have discrete access to it at home and in school
- It needed to help her see the gray areas of learning and appreciate learning as a process of "overcoming failure" not a display of success
- It also need to have strategies built in to the phases – a sort mental swiss knife

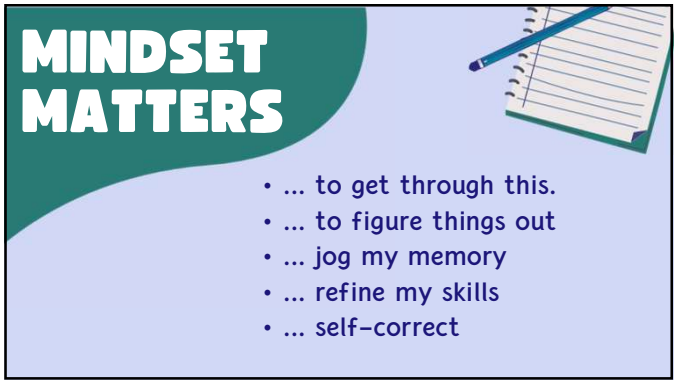
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KNOWLEDGE THERMOMETER
I feel completely lost
I don't know this at all right now. I need handholding to get through this.
i need my mom to help me figure this out
I am just starting to learn and grasp this. Some parts make sense but other parts don't as yet. I need lots of support to figure things out.
i need to spend more on this topic a bit more
I sort of know this but sometimes I get confused and get it wrong. I know some but not all. I need support and resources to jog my memory.
i need to find different ways that can help me master this topic
I am getting better at this.
I get more right than wrong but I have to refine my skills. Sometimes I may need help but not often.
i just need a little more practice and i will be able to nail this topic
I know this really well
I can do this really well
I might make some mistakes but I can self correct.
i know this really well so whenever i make a mistake i can correct myslef and try again. I am ready for more difficult work

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THE INCREDIBLE 5-POINT SCALE
• The work of American Autism educator and researcher Kari Dunn-Buron

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MINDSET MATTERS
• ... to get through this.
• ... to figure things out
• ... jog my memory
• ... refine my skills
• ... self-correct

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EXECUTIVE FUNCTIONING SKILLS



The main skill I needed to work on at this point was metacognition

- what did I do
- what did I think
- how am I going

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GET YOURSELF READY TO CREATE A KNOWLEDGE THERMOMETER FOR YOUR CLIENTS?

THE INCREDIBLE 5-POINT SCALE

Visual and physical structure that will encompass the scope of the tool to provide congruency.

GROWTH MINDSET

Reflection tool used to understand the power of language on belief systems and the intentionality we need to have in how we use it if we want to create skills in our clients.

EXCUTIVE FUNCTION SKILLS

Conceptual framework used to guide and understand precisely what non-academic skill I wanted to integrate. What ever else you choose, metacognition, should always have a place.

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THANK YOU

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